

FOOD MENU FORM

Email: info@fishbwca.com

Check ☒ the meals below according to the number of days you will be out. Menu choices apply to the entire party. Meals may be repeated (note exceptions). Trips leave after breakfast on the first day and return before dinner on the last day, so these meals should be omitted. (ie., 5 night/6 day trip would have 5 breakfasts & dinners and 6 lunches marked.) **Please note with our dinners you are able to customize your vegetable and desserts with the codes provided.** **If the Food Menu Form isn't completely filled out and returned to us within 14 days of your trip, we will make it up for you.**

GROUP NAME: _____

IN GROUP: _____

DATES OF TRIP: _____

BREAKFASTS

- | | |
|--|---|
| <input type="checkbox"/> 1. Fresh Eggs, (1st morning) English muffin, bacon, beverage | <input type="checkbox"/> 2. Rocky Mt. Egg Scramble, beverage |
| <input type="checkbox"/> 3. Scrambled eggs, hot caramel bread, beverage | <input type="checkbox"/> 4. Buttermilk Pancakes, sausage, syrup, beverage |
| <input type="checkbox"/> ♦ 5. Granola Cereal with milk, breakfast bar, beverage | <input type="checkbox"/> ■ 6. Oatmeal, toast & jelly, beverage |

♦ Quick, No cooking ■ Quick, Hot breakfast

LUNCHES

- | | |
|---|---|
| <input type="checkbox"/> 1. Sliced Meat Tortilla Wrap, granola bar, fruit drink | <input type="checkbox"/> 2. Summer Sausage & Cheese wrap, cookies, fruit drink |
| <input type="checkbox"/> 3. Peanut Butter & Jelly Sandwich, trail mix fruit drink | <input type="checkbox"/> 4. "Quick Trail Lunch" Trail bar, trail mix, beef jerky, fruit drink |
| <input type="checkbox"/> ♦ 5. Macaroni & Cheese, bread & butter, cookies, fruit drink | <input type="checkbox"/> ♦ 6. Chili Beef jerky, fruit snacks, fruit drink |

♦ HOT LUNCH

DINNERS

(Make sure to fill in your code choice for your Vegetable & Dessert!)

- | | | |
|--|--|--|
| <input type="checkbox"/> 1. 1st Night Only (Circle one) Choice Steaks or Chicken Breast Fillets, potatoes, beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ | <input type="checkbox"/> 4. Fresh Fish Dinner (<u>your</u> catch), hash browns, beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ | <input type="checkbox"/> 7. Lasagna & Italian Sauce, bread & butter, beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ |
| <input type="checkbox"/> 2. 1st or 2nd Night Only Polish sausage, mashed potatoes, beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ | <input type="checkbox"/> 5. Spaghetti & Sauce, bread & butter, beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ | <input type="checkbox"/> 8. Chicken w/Rice, bread & butter, beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ |
| <input type="checkbox"/> 3. Beef Stroganoff beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ | <input type="checkbox"/> 6. Beef, Potatoes & Gravy beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ | <input type="checkbox"/> 9. Santa Fe Rice & Beans beverage, <i>VEGETABLE:</i> _____ <i>DESSERT:</i> _____ |

Customized Dinner Codes

Dessert Codes: 1= Chocolate Pie, 2= Apple Crisp, 3= Blueberry Peach Crisp, 4= Lemon Pie, 5= Vanilla Pudding, Ø= None Desired

Vegetable Codes: C= Corn, GB= Green Beans, P= Peas, Ø= None Desired

★ REMEMBER, THE MORE EXTRA ITEMS YOU CHOOSE TO TAKE ALONG, THE HEAVIER YOUR FOOD PACK BECOMES. ★

BEVERAGES: Please indicate how many people would like which beverage at breakfast & dinner. **Fruit drinks are packed for all lunches.** Please check ☒ if you prefer to have "sugar" (heavier in wt.) _____ or Nutrasweet (lighter in wt.) _____ for your fruit drinks.

Breakfast: Tang _____ Hot Chocolate _____ Hot Cider _____ Tea Bags _____

Reg. Coffee _____ Decaf Coffee _____

Dinner: Fruit Drinks _____ Hot Chocolate _____ Hot Cider _____ Tea Bags _____

Reg. Coffee _____ Decaf Coffee _____

BREADS: Please check ☒ preference.

White _____

Wheat _____

EXTRA OPTIONS: Please check ☒ the items that you wish us to pack.

Aluminum foil _____ Artificial Sweetener _____ Creamer _____ Cup-a-Soup _____

Fresh Onions _____ Honey _____ Sugar _____ Ketchup _____

Lemon Juice _____ Marshmallows _____ Mustard _____ Jelly _____

Miracle Whip _____ Tartar Sauce _____ Extra Fish Breading & Oil _____

STAPLES: These items are always packed. Please *cross-off* those items that are not desired.

- | | | | | | |
|--------------|--------------|-------------------|-----------------|----------------|---------------------|
| ♦ Crackers | ♦ Dish towel | ♦ Extra beverages | ♦ Firestarter | ♦ Extra Snacks | ♦ Liquid & bar soap |
| ♦ Margarine | ♦ Matches | ♦ Paper Towels | ♦ Salt & Pepper | ♦ SOS Pads | ♦ Toilet tissue |
| ♦ Trash Bags | | | | | |

* Please advise us of any special dietary needs and we will do our best to accommodate them. Vegetarian meals are available upon request.